



SOLID LINE: TRANS CANADA TRAIL / CROW WING TRAIL IDENTIFIED BY BLUE SIGNS WITH WHITE ARROWS

DASHED LINE: LOOP TRAIL - NOT SIGNED

Note: The Access Points can be accessed from Hwy. 59 or PR 218

Access Point A: On Cable Bridge Bay at Swinging Bridge sign

Directions A: PTH 59 South from St. Malo to first mile road south of Roseau River; turn west (right) on Road 12N for 3 miles on Roseau Rapids Road South; at Swinging Bridge sign, go north (right) for 1-1/2 miles; turn east (right) onto Cable Bridge Bay; 1/4 mile to Swinging Bridge sign **Length A:** 1.5 miles or 2.4 kms

Description A: Park at sign and hike trail marked by post and chain fence (200 yds). Cross bridge to north side and walk as far as Roseau Rapids Road North. Upon return from bridge, walk south (left) along Cable Bridge Bay until gravel road. Go west (right) for 1/2 mile on gravel road, then north (right) at intersection to return to Cable Bridge Bay and parking area.

Access Point B: At iron archway, 1/4 mile west of Senkiw on Roseau Rapids Road North

Directions B: PTH 59 South from St. Malo to Roseau Rapids Road North just north of Roseau River; turn west (right) on Road 13N for 2 miles; at T turn north (right) for 1 mile to Senkiw then 1/4 mile west (left) to iron archway.

Description B: Park at iron archway and hike trail to Swinging Bridge. To extend your walk, continue on loop described in Access Point A.

To See: Senkiw Swinging Bridge; Roseau River

History: *Swinging bridge originally built in 1946 as a crossing for children attending Senkiw School. Bridge rebuilt in 2004 by local volunteers who sold bridge planks to raise funds.

*Roseau River has a steep gradient as it winds its way from Northern Minnesota, through sandy forests of south eastern Manitoba towards the prairie near the Red River. This creates a fast flowing fun paddle in early spring. The undisturbed riparian zone offers many varieties of wild flowers.



Start Fresh!
Communauté des Chroniques
South-Eastern



Nouveau départ!
Prévention des maladies chroniques en milieu communautaire
Région du Sud-Est